

# CURRICULUM VITAE

## PERSONAL DATA

Surname Kuświk  
Name Mirosław Krzysztof  
Date of birth 29.01.1960  
Place of birth Kalisz  
Polish nationality  
Marital status Married  
Address 33 A Piątek Mały 0.62-820 Stawiszyn  
Phone / 0-62 / 7 528 710 604 505 830 mobile phone

## EDUCATION - higher

Master of Physical Education, level of professional engineer zootechnical universities completed Agricultural University in Poznań,

Academy of Physical Education in Wrocław  
specializing in teaching

Postgraduate Studies, Crisis Management

## WORKPLACE

Training Centre of Prison Service Kalisz.

The position of Head of Intervention Techniques.

Grade - lieutenant colonel

Lecturer in COSSW-physical education, training shooting, self-defense tactics and techniques of intervention and the use of batons multifunctional type, tonfa"

State Higher Vocational School -teacher

## QUALIFICATIONS

- Art and practiced martial arts since 1973 / judo player /
  - Teacher Dan John Hard 2, Hard 5 Dan Adam, Professor Dr. Krzysztof Kondratowicz 10 Dan
- Completed training in counter-terrorism in the United States 1993
- Completed training in counter-terrorism in Israel in 2006r./Masada /

- On behalf of the European Union as an expert to carry out training
- Self-defense techniques in the field of intervention for officers
- Uniformed Services in Turkey / 16-22. 10.2005 r /.
- Self Defense Instructor of Judo-club sports,"Resursa 1984 in Lodz.
- Combat shooting instructor, and sports.
- Instructor self-Nr kl/3299 - Warszawa 06.11.1989r.

Class III-judge shooting.

- International instructor-hand combat Soke 10 Dan Jiu-Jitsu

9 Dan Modern Combat,Military Jiu Jitsu,

- International instructor and black belt holder of the following systems - Jiu Jitsu Goshin Jitsu,Combat Ju Jitsu, Tonfa-Baton-System

Keisatsu-Jitsu, Ai-Ki-Jitsu, Bo-hanbo-Jitsu, Nahkampf. Krav Maga, Judo and the instructor and shooting tactics and techniques of intervention.

- Author who created Modern Combat system which is stored and protected by copyright under Polish law and EU law from 28.01.2001 year.

- Since 2002 the systematic organization of UM in Kalisz Seminars International Martial Arts and Techniques of intervention for uniformed officers from across Europe / involved about 200 persons / in COSSW in Kalisz in, and the Holy Kalisz"

- Conducted many training courses, seminars and courses with foreign intervention techniques for all services of uniformed protective agents, for example: USA, Turkey Germany, Switzerland, Hungary, France, Italy, etc.

- Conducted many training courses, seminars and courses with intervention techniques in the country for all the uniformed services, protective agents, property for example: Combat 56, Wloclawek, Wroclaw, COSSW in Kalisz, OISW in Opole, Warsaw, Nysa, Poznan, Lodz , WSP Legionowo, SP Slupsk, Lubliniec, Ostrow Wielkopolski

- The lecturer of the course instructors with specialty Recreation Self-Defence Movement in 2002 in COSSW on 11.11-01.12.2002r

Rate of registered 83/R/ZGTKKF/M/S-0/2002.

- Developing and conducting training .. Secure Woman"for UM In Kalisz 2008.

- Develop and carry out the program, Action Winter Safety for Children"in Kalisz - the winter holidays 2009.2010

- Conducting the Self-Defense classes in Human Resources in Higher Vocational State School in Kalisz, University Gimnazjalisty"od 20008-2010.

- Teaching of classes in action, Secure Kobieta"w 2009 organized by KMP in Kalisz under the patronage of the President

City of Kalisz, Dr. Janusz Pęcherz

Basic knowledge of Russian, German.

## **PUBLICATIONS**

1.Krzysztof Jędrzejak, Adam Kaczmarek, Mirosław Kuświk, "The use by officers of the Prison Service truncheon multifunctional", Central Prison Service Training Centre, Kalisz 1998.

2.Adam Kaczmarek, Mirosław Kuswik, Sławomir sat, Zbigniew Zimoch, "Self Defense", Central Prison Service Training Centre, Kalisz 1998.

3.Tomasz Gorski, Krzysztof Kaczmarek, Mirosław Kuświk, Adam Staszak"multifunctional defensive stick in vocational training, Pleszew 2000

4. Adam Kaczmarek, Krzysztof Kaczmarek, Mirosław Kuświk "Intervention Techniques" COSSW 2003

5.Krzysztof Jędrzejak, Mirosław Kuswik, Peter Jarczewski,, convoys in the Prison Service COSSW 2005"

6.Polskie Scientific Society for Physical Culture Section of physical culture in the military.

Volume V,, Modern trends in physical culture"defensive formations.

7.Mirosław Kuświk,, Evaluation of physical fitness of officers of the Prison Service on the basis of the international physical fitness test". PTNKF. Warsaw 2000

8.Mirosław Kuswik,, The use of the Prison Service funkcjoariuszy truncheon multifunctional"Kalisz 2008

9. R. Ekert, M. Kuświk, C. Mruk, Z. Zimoch -, Self-defense" in Kaliszu.w 2009.

10 . Work congregation-min.M.Kuświk-,, guards Municipal / city /-principles guide practical action"Tar-Bonus 2010

11. , M. Kuswik. P. Jarczewski -, Intervention techniques in SW" expanded and updated version of Kalisz of 2011.

## **Honours**

- Ministries Bronze, Silver, Gold medal , For his merits in the work of penitentiary"
- Silver Label Independent Self-Governing
- Trade Union Officers and Employees Prisons

## **INTEREST**

literature, sports, music

Function of a Honorary President of the Polish Association of Instructors Unarmed Combat the Prison Service.

Vice President of the Polish Federation of Far-Eastern Martial Arts and Sports in Warsaw. IMCF-Technical Director for Poland.

Vice-President of the Society for the Propagation of Physical Education in Poznan at OISW

President of the club's Jiu-jitsu, Budo" in Kalisz.

Official Representative:

- Modern Combat International Modern Combat Federation Poland- Soke Philippe Floch
  - Combat Ju Jitsu AJJIF Global All Japan Ju Jitsu International Federation-Soke Alexey Kunin-USA
  - OFFICIAL REPRESENTATIVE OF HAKKORYU JU JITSU OF SEISHIN-KAN DOJO FOR POLAND
- Hanshi Claudio Artusi -Italia

## **International cooperation**

International Bujutsu University / Denmark /-Professor-Soke Keido Yamaue 10 Dan / Japan /.

World Kobudo Federation - Hanshi 8th Dan A. Saily / France /.

International Karate Jujitsu Kobudo Association, Hanshi 8th Dan Cola Polo / Italy /.

International Modern Combat Federation - Philippe Floch Hanshi 8th Dan / France /.

Budo Federation Szépvölgyi Hungarian Géza dr. Kyoshi

Ju-Jutsu Hakkoryu Claudio Artusi Shihan 8 Dan / Italy /

and with many uniformed services in Russia, the Czech Republic, Estonia, Italy, Germany etc.

Federazine Isrealina Krav Maga-President Alfonso Torogossa

WORLD HEAD OF FAMILY SOKESHIP COUNCIL-President Soke Frank E.Sanchez

World Krav Maga Association-President Alex Paris

All Japan JU JITSU International Federation-Soke Alexey Kunin

## **Collaboration in Poland**

- Soke-Professor Dr. Krzysztof Kondratowicz 12 Dan
- Polish Scientific Society of Physical Culture Section in the Polish army at the Academy of Physical Education in Warsaw

## **Additional information**

- [www.jiu-jitsu.kalisz.pl](http://www.jiu-jitsu.kalisz.pl) ; E-mail: [kuswik\\_jiu\\_jitsu@op.pl](mailto:kuswik_jiu_jitsu@op.pl)